

MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork Sausages & Gravy	BBQ Chicken	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognaise	Fish Finger
Option 2	Cheese & Potato Pie v	Tomato Pasta Bake v	Veggie Sausage & Gravy v	Quorn Nuggets v	Pizza Selection v

Jacket Potato or Sandwich - with a selection of fillings

Carbs	Mashed Potatoes or Garlic Bread	Diced Potatoes	Roast & New Potatoes	Garlic Bread or Potato Wedges	Potato Crunchies or Pasta
Dessert	Waffles	Chocolate Brownie	Iced Cake	Cookies	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

All served with - A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts.







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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Hot Dog with tomato ketchup	Selection of Fish Fingers including salmon	Roast Beef Yorkshire Pudding & Gravy	Chicken Tikka Masala & Naan Bread	Fish Cakes
Option 2	Quorn Burger v with tomato ketchup	Mac 'n' Cheese v	Meat (free) Balls v Yorkshire Pudding & Gravy	BBQ Quorn Fillet v	Pizza Selection v

Jacket Potato or Sandwich - with a selection of fillings

Carbs	Potato Wedges	Potato Crunchies or Garlic Bread	Roast & Mashed Potatoes	Rice or Diced Potatoes	Chips
Dessert	Chocolate Crunch	Waffle	Ice-cream Tub	Chocolate Shortbread	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

All served with - A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts.







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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mac 'n' Cheese Chicken Bake	Cottage Pie	Roast Chicken Stuffing & Gravy	Beef Burger with tomato ketchup	Fish Finger
Option 2	Meat (free) Balls in Sweet & Sour Sauce v	BBQ Veggie Hot Dog & Onions v	Roasted Quorn Fillet & Gravy v	Mediterranean Quorn v	Pizza Selection v

Jacket Potato or Sandwich - with a selection of fillings

Carbs	Garlic Bread or Pasta	Potato Crunchies	Roast & Mashed Potatoes	Potato Wedges or Rice	Chips
Dessert	Ring Doughnut	Iced Cake	Waffle	Ice-cream Tub	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

All served with - A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts.



